

# AGEING EYES (PRESBYOPIA) XPLAINED

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Thanks for visiting [presbyopiaexplained.com.au](http://presbyopiaexplained.com.au), we hope its cleared up some of the mystery around ageing eyes. If you are now planning to visit an optometrist to discuss your options, here's some pointers on questions to help you fully understand the solutions available to you:

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## QUESTIONS FOR YOUR SPECIALIST

- What is the name of the condition I have?
- Will my condition continue to worsen with age but plateau at some point?
- I really dislike the thought of wearing glasses, are there options beyond glasses open to me to correct my eyesight?
- I am comfortable with wearing glasses, but there are times glasses get in the way, are there other options to help me see better when I don't want to wear glasses?
- Are contact lenses an option for me?
- If yes, which contact lenses would you recommend for me and what are the main benefits of these lenses?
- Am I suitable for newer technology contact lenses that I have heard about, largely made of water (water gradient lenses)?
- I would like to not wear glasses, but the thought of putting something in my eye (a contact lens) scares me, how can I overcome this?
- Is surgery an option to correct my condition?
- If surgery is an option, can you refer me to an eye doctor who will really understand my vision needs and offer me the latest technologies?